



Steps for Donning Personal Protective Equipment (PPE)



1

HANDS

- Perform proper hand hygiene



3

MASK

- Place mask and mould the metal nose strip
- Perform seal check



2a

GOWN

- Don gown by putting on sleeves



4

FACE SHIELD

- Place face shield



2b

- First, tie strings at back neck



5

GLOVES

- Put on gloves over the gown's cuffs



2c

- Then tie strings at waist
- Ensure that you are properly covered

*IMPORTANT- There are several acceptable donning methods. Please check the protocols followed by your facility.

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Steps for Doffing Personal Protective Equipment (PPE)



1

GLOVES

- Remove first glove by pinching outside and pull
- Then slide a finger inside wrist of other glove and pull gloves together inside out
- Discard the gloves



2

HANDS

- Perform hand hygiene if recommended by your facility



3a

GOWN

- First untie neck, then waist
- Pull gown off the shoulders without touching outside of gown



3b

- Roll inside out in a bundle



3c

- Place in laundry hamper



4

HANDS

- Perform proper hand hygiene



5

FACE SHIELD

- Remove carefully by grabbing strap
- Discard the face shield



6

MASK

- Remove by pulling straps, do not touch mask
- Discard the mask



7

HANDS

- Perform proper hand hygiene

*IMPORTANT- There are several acceptable doffing methods. Please check the Protocols followed by your facility.

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